

## **VASER® Liposuction Now Available from Chicago-area Plastic Surgeons Allan Parungao, MD and Ricardo Izquierdo, MD, in Oak Brook, Ill.**

*VASER-assisted liposuction delivers more skin-firming and less blood loss than traditional liposuction, according to a clinical study presented at the American Society of Plastic Surgeons annual meeting in Seattle. Oak Brook, Ill. board-certified plastic surgeons Allan Parungao, MD and Ricardo Izquierdo, MD, now offer state-of-the-art VASER liposuction.*

Oak Brook, Ill. ([PRWEB](#)) October 30, 2009 -- A new clinical study led by Ohio plastic surgeon Paul Vanek, MD, shows that VASER liposuction produces a 53% improvement in skin-tightening and 26% less blood loss than traditional liposuction. These findings were presented on Oct. 26 at the 78th annual meeting of the American Society of Plastic Surgeons.

"Traditional liposuction is good at removing unwanted fat, but it sometimes can result in a loose-skin look," says Oak Brook, Ill. board-certified plastic surgeon [Allan Parungao, MD](#), of Face and Body Plastic Surgery, PC. "This is less much likely to happen with VASER lipo because it uses ultrasonic energy to melt the fat--and this energy also tightens up the skin after the fat is removed."

"VASER lipo is less traumatic on the fat than traditional liposuction," says board-certified plastic surgeon [Ricardo Izquierdo, MD](#). "Melting the unwanted fat is much gentler than breaking it up with vigorous back-and-forth motions using an instrument called a cannula, as is done in traditional liposuction. The VASER technique affects the blood vessels less than traditional liposuction and produces less blood loss during surgery."

'Because VASER lipo results in much less trauma to the tissues than traditional liposuction, patients may experience less swelling and bruising, and have an easier recovery process," Dr. Izquierdo adds.

This was certainly true for Karen, a 36-year-old physician assistant who had the new procedure to slim down her inner and outer thighs, the small of her back and under her buttocks. "It was so easy," she recalls. "Some people who have had traditional lipo say they felt like they'd been hit by a truck."

"I didn't really have pain--more of a soreness," says Karen. "There was a little bit of swelling, not much. If it was a choice between doing nothing and doing traditional lipo, I would have done nothing."

Drs. Parungao and Izquierdo perform VASER lipo at their on-site, fully accredited, professionally staffed outpatient surgical center in Oak Brook, Ill., minutes from downtown Chicago and convenient to Chicago's O'Hare and Midway Airports. Limo service is available for patients and their families on the day of surgery.

For more information about VASER lipo, visit [www.parungao.com/VASER](http://www.parungao.com/VASER).

Allan Parungao, MD, FACS, is a plastic surgeon and author board-certified by the American Board of Plastic Surgery. He has Chicago-area offices in Oak Brook, Naperville and Vernon Hills, Ill. For more information, visit

[www.parungao.com](http://www.parungao.com).

Ricardo Izquierdo, MD, is a board-certified plastic surgeon and a member of the American Society for Aesthetic Plastic Surgery, with offices in Oak Brook and Naperville, Ill. in suburban Chicago. For more information, visit [www.faceandbodychicago.com](http://www.faceandbodychicago.com).

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